

Challenges Facing Hospital and Interventional Labs

Hospital Challenges

- Staffing shortages
- Staff recruitment
- Staff retention
- Tight capital budgets
- Staff safety

Cath & IR Lab Challenges

- Lost time due to overexposure (cataracts, lesions, cancer)
- Overcrowded procedure rooms
- Workflow efficiency



Workforce issues again top of mind for hospital CEOs in 2022: survey

By Dave Muoio • Feb 15, 2023 11:45am



The Entire Interventional Team is at Risk from Scatter Radiation Interventional Cardiologist Career Exposures

- 50 mSv-200mSv (equivalent to 2,500-10,000 chest x-rays)
- Head exposure: 1,000 mSv (equivalent to 50,000 chest x-rays)





Longer, more complex procedures (TAVR, CTOs, Multi-Vessel), lead to more exposure for Interventional Teams

RADIATION PROBLEM

3 Cs of Scatter RadiationThe Health Risks FromScatter Radiation are Real

HEALTH EFFECT	ODDS RATIO (95% CI)
	6X RISK
CANCER SKIN CARCINOMA, THYROID, BRAIN	3X RISK
	2X RISK

*The Odds ratio is the multiple or the normal occurrence of each condition in healthcare personnel not working in x-rays labs. Reference: Andreassi MG, Piccaluga E, Guagliumi G, et al. Occupational health risks in cardiac catheterization laboratory workers. Circ Cardiovasc Interv. 2016,9:003273.



Feature | Radiation Dose Management | October 06, 2015

Study Shows Radiation Exposure for Interventionalists Greater on Left Side of Head

Published study reveals exposure at 16 times the ambient radiation level during invasive cardiovascular procedures

ADIATION PROBLEM

Cardiology fellows-in-training are exposed to relatively high levels of radiation in the cath lab compared with staff interventional cardiologists — insights from the RECAP trial

W. Vlastra · B. E. Claessen · M. A. Beijk · K. D. Sjauw · G. J. Streekstra · J. J. Wykrzykowska · M. M. Vis · K. T. Koch · R. J. de Winter · J. J. Piek · J. P. S. Henriques · R. Delewi

Radiation a Danger to Patients and Physicians Alike

Exposure can be lowered without affecting test results

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EGG

US Nuclear Commission's Guide: As Low As Reasonably Achievable



Provide radiation safety training to all workers who operate or are exposed to radiation-generating equipment, radiation sources, or radioactive materials.

Keep radiation exposures As Low As Reasonably Achievable (ALARA), and certainly below regulatory limits.

The three basic concepts of radiation protection are: (1) minimize the time of exposure, (2) maximize the distance from the source of radiation, and (3) use shielding. Applying these concepts will help to keep radiation exposures ALARA.

Some examples of radiation protective practices include:

- Using the shortest practical irradiation times
- Using radiation-absorbing shields to protect against X-Ray exposure when procedures are in close proximity to the patient

ALARA goalposts have moved: > 91% reduction is achievable!

Protecting People and the Environment



Radiation Exposure Is Costly to Hospitals

The **annual economic cost** of radiation exposure associated with Interventional Fluoroscopy is estimated to be **\$60M** in the US alone^{*}

- Costs associated with treatment of cancer and orthopedic injuries
- Does not factor in treatment of non-acute conditions such as precursors to cataracts, cognitive decline, and risks to reproductive health

"This economic study draws attention to the alarming annual costs resulting from the adverse health effects associated with long-term exposure to interventional fluoroscopy in the United States" - Michael Seymour MS, MPH, CIH, ORSIF Director of Advocacy Programs



*ORSIF; Economic Impacts of Radiation Exposures Associated with interventional Fluoroscopy. Dec 2018. Figures adjusted for inflation.

Hospital workers sue over excessive radiation exposure

Five Methodist Medical Center employees say the walls of the CT Scan room did not include required radiation protection.

Doctors File Lawsuits Against Hospital for Failure to Provide Fluoroscopic Radiation Safety







AHEC

Radiation Exposure

Boston Attorneys Advocating for Workers' Compensation Claimants

Doctors File Lawsuits Against Hospital for Failure to Provide Fluoroscopic Radiation Safety

In what may be the first lawsuits of their kind, 3 surgeons have filed lawsuits allegir a hospital's radiation safety practices were inadequate and that radiation exposure caused their cancers. The first of the lawsuits will take place early in 2020.

Interventional Teams are at Risk for High Exposure and Occupational Risk



* International Atomic Energy Agency: Occup Med (Lond). 2010;60(6):464-9. Zakeri F, Hirobe T, Akbari Noghabi K. Biological effects of low-dose ionizing radiation exposure on interventional cardiologists.



Standard Shielding is Insufficient



Hanging Shield



Table Skirt (Shield)



Other Shielding Not Designed to Reduce Exposure for Entire Team



Shortcomings of other solutions:

- Provide protection for limited staff (doctor and technician only)
- Require additional equipment (booms, affix to expensive C-arms)
- Compromise workflow
- Only address radiation scatter problem for a few members of the team
- Costly and cumbersome



Don't Compromise on Radiation

Radiation protection needs to block scatter radiation at the head, side and below the table

- Scatter radiation does not distribute uniformly and is dependent on several factors
 - Patient size or thickness
 - Projection angle
- The dose received by the physician can vary 20-fold depending on projection angle
- The more complicated the procedure, the higher the radiation dose
- Protection needs to be developed for the additional staff locations around the table for:
 - TAVR, Echo, Right Heart procedures, Biopsies, Device implants



Effective + Easy + Economical + Everyone

Ideal Characteristics of a Radiation Protection Solution

Effective

• Works to get radiation As Low As Reasonably Achievable

Easy to Use

- Easy access to patient for urgent needs (i.e. chest compressions)
- Does not impact workflow
- Versatile for use and protection in multiple procedures (TAVR, EP, IR, Cardiology)

Economical

- Affordable
- May eliminate the need for other products (disposables and capital)
- Does not require major room or C-arm equipment modifications that can be costly

Everyone

Protects everyone in the procedural area



Effective + Easy + Economical + Everyone

Clinical Data



Radiation Cloud in the Cath Lab





- Used a state-of-the-art radiation meter
- Collected measurements in 6 most common positions around the table
- At each position 10 measurements were recorded from 20cm to 200cm



*This test allowed us to understand the highest exposure areas for scatter radiation in the cath lab using a human phantom and measuring scatter at 6 positions around the cath lab table

Measurement Methodology



US Department of Energy Anthropomorphic Human Phantom



RaySafe X2 Scatter Radiation Meter Measurements 20-200 cm from the floor in 20 cm Intervals



Scatter Radiation Around the Cath Lab Table



Dose calculated using 10 measurements in each position to highlight average dose and peak dose.

» The positions near the head and chest receive the most scatter radiation.

SCATTER

MATTERS

» The nurse position 1.5 M from the table receives more radiation on average than the assistant position at the table pedestal.



Distribution of Scatter Radiation by Position PA Projection, No Shielding



EGG MEDICAL ~70% of scatter radiation originates at and below the table surface Effective protection must protect below the table and at the head **EGGNEST**™ System Overview





EggNest is a comprehensive passive radiation protection platform fully integrated into the modern Cath Lab workflow





The Science Behind EGGNEST

- GOAL: Attenuate majority of radiation down to an energy where it does less to no damage to those exposed
- Shields attenuate the radiation by slowing down the photons and absorbing energy through interactions



Xenolite Non-lead Equivalent Material

- NL stands for non-lead and is made up of antimony, tungsten, and bismuth to attenuate radiation
 - Made for energies of 35-100 keV
 - Antimony and bismuth are good attenuators for lower energy photons and tungsten is a good attenuator for high energy photons
 - Combination of different materials results in a better overall shield
- Lead can be a dangerous material, so limiting the amount used is a good practice in design







Carbon fiber frame with patient mattress and shielding inside:

- Strong
- Light
- Radiolucent

Prevents radiation leak from the mattress

Built in CPR board



Rail System

The foundation of the EggNest[™] XR is a carbon fiber "sled" that replaces that patient mattress and becomes the platform to attach and support all the radiation protection components

EGGNEST[™] Patient Loading



Easy Patient Loading

- Patient loading requires arm and femoral shields to be lowered
- Once patient is loaded, "Flip" up shields
- Easy to clean by following standard protocol



EGGNEST[™] Above Table "Flip Shields"



Carbon Fiber "Flip Shields" are adjustable and conform to patient's body to provide protection above the table

EGGNEST[™] Below Table "Flex Shields"



"Flex Shield" Radiation Protection System provide comprehensive protection below the table and at the head of the table

Moves, bends and flexes to allow full X-ray gantry motion



MEDICAL

- Reduces Scatter Radiation >91% .
- Protects Everyone Working in ٠ the Lab
- Fits seamlessly into Cath Lab environment

Carbon Fiber Base Platform with modular shielding components designed for optimal imaging and C-arm Motion







EGGNEST[™]Fits Seamlessly into the Cath Lab







Scatter Radiation Protection without Compromise





Scatter Radiation Protection without Compromise



EggNest[™] Efficacy



Effect of EggNest XR[™] on Scatter Radiation Around the Table



Effect of EggNest XR[™] on Scatter Radiation Around the Table





EGGNEST™

STANDARD SHIELDING Distance From Floor (cm)

Effect of Shielding on Total Room Scatter Radiation in Complex Cases



*Average scatter radiation dose for all heights and positions around the table

Wilson R et al: TCT 2018



EggNest[™] Avg Scatter X-ray Dose Reduction

EggNest v. Standard Shielding	All Heights Sum Dose Averaged (1-(EN/STD))					
	PA	RAO30/Cuad20	RAO30/Cran20	LAO40/Cran30	LA040/Caud30	
Echocardiographer	97%	87%	91%	94%	90%	
Right Heart Cath	89%	81%	87%	94%	95%	
Right/Left Chest	92%	94%	93%	97%	95%	
Angiographer	90%	98%	90%	73%	94%	
Assistant	82%	80%	72%	48%	95%	
Nurse	92%	91%	93%	95%	98%	
Projection Average	92%	88%	90%	94%	94%	



Articles & Publications



Cath Lab Digest Articles



2 RADIATION SAFET tion in our discussions and saw it as the nex The EggNest: A Simple, Tableto help prevent any future issues. The EggNest ects the team and the provider. It has shielding **Integrated Platform to Reduce** ound it and the table itself has shielding. The the EggNest been engineered and developed, flects the scatter. As the beam hits the patient **Scatter Radiation by >90%** then scatters out, the EggNest deflects that tion from the staff and the physician. Seton Hays Medical Center, Kyle, Texas; and Vamsi Krishna, MD, FACC, FSCAI, Director Cardiac What was your goal for the team in regards to Cath Lab, Ascension Seton Hays Medical Center; Director, Cardiac Rehab; Assistant Professor, reducing scatter radiation UT Dell Medical School, Seton Heart Institute, Austin, Texas Jebadiah: Part of the installation involved getting a real-time dosimeter in the lab. The claim L. Jebadiah Bera, RN, MSN, Director, Cath from the source of radiation as much as we can and was that the EggNest could produce between 85 Lab and Diagnostic Cardiology, Ascension properly wear lead. We have a strong team with a mix to 95% of the scatter. Our goal was to get at least 75 to 90% scatter reduction. After seeing the real Seton Hays Medical Center, Kyle, Texas of 15- to 20-year veterans in the lab and people with 1 or 2 years of experience. It is a wide range, but for time dosimeter, there was good data showing an 85 Can you tell us about your cath lab? almost everyone on our team, this is their profession. to 95% reduction. Jebadiah: We have three active cath labs, and per-This is where they want to be for a long time. Dr. form a broad spectrum of cardiac cath, peripheral, Krishna and our other physicians have done a great How does the EggNest fit into your team's overall and interventional radiology cases. We are doing a lot job of bringing even greater awareness to radiation workflow? of cases with longer time frames. Our lab is probably safety. They have been strong champions for us to Jebadiah: The EggNest has built-in arm boards the busiest peripheral lab in the central region for our care for ourselves and to do what is right. We continand shielding that folds down and captures the hospitals and we are also the hub for a wide rural area. ue to look at the next and new thing to find the best scatter. It is bulkier, so that when you pull the bed way to keep ourselves safe while caring for patients. up to the table to have the patient transfer over, you have to be able to adapt that process. The patient is How concerned are you and your team about scatter radiation? How long have you had the EggNest? still accessible and the procedure is the same; the Jebadiah: We are very concerned about scatter Jebadiah: It has been in two of our labs for about a case itself and then the practice of caring for the year. Our third lab was just built and we are working radiation. Research is continuing to show how it patient itself does not change. Cleaning is the same affects those that are performing procedures, who on getting the EggNest (Egg Medical) into that lab as for the normal table. You wipe it down with the are physically closest to the patient, and also how as well. A few years ago, Dr. Krishna came to me after appropriate cleaning material and it air-dries after learning about the EggNest and we started looking physicians are coming back with issues and possible the time allotted. Every piece on the EggNest is cancer. We are always very cautious. We stay away into it. We had already been focusing on radiation modular. If you happen to get something within a crevice, for example, you can take it apart to clean it and put it back together. Before the EggNest, are there other things that your lab attempted to help reduce radiation exposure for the team? Jebadiah: We tried multiple things, including a rolling shield for the team up by the head of the bed and lead caps; they didn't do well. The doctor uses a Zero-Gravity system (Biotronik). We do use Radpads (Worldwide Innovations & Technologies) as well, which help. Radpads are small pads that lay on top of the patient. We have doubled up on those in combiation with the EggNest to prevent radiation scatter How has the team performed their roles with the EggNest in place? Jebadiah: The EggNest wasn't a big change in their workflow. When we first got it, our team shared some minor issues and the company has fixed them in its current 2.0 version, which we now have. The esponse to the changes by our team is that the EggNest is now significantly improved. Do team members wear radiation badges that are regularly reviewed? Figure 1. The EggNest (Egg Medical). Top left, the EggNest with all components "flipped down", ready Jebadiah: Yes. We have seen a reduction in our for the patient to be transferred onto the table. Bottom right, all the components "flipped" up to provide radiation, but it is hard to quantify now with COVID radiation protection around the table March 2021 · Cath Lab Digest www.cathlabdigest.com

Dr. Vishna Krishna. Ascension Seton Hayes Hospital, Kyle, TX

MARCH 2021

Hospital, Minneapolis MN **FEBRUARY 2020**



Why EggNest™?

Effective + Easy + Economical + Everyone = EggNest XR

Every Nurse Matters Every Tech Matters Every Doctor Matters







Next Steps



- Personalized Scatter Score for Your Hospital Labs
- Partnership with market-leading Fluke Medical for ongoing radiation monitoring for EVERYONE
- Comprehensive assessment before and after EggNest installation
- Option to bundle with EggNest





Comprehensive Scatter Score Report



EggNest[™] Evaluation Data

Prepared For:

Your Hospital

Between the Dates of: 1/31/23 - 2/2/23



C	EGG	Hea	art a	nd	Vascular	r			E,	St Louis I ggNest‴ Co 6,;
	Room Num Physician Na Imaging Sys Proced D	Case 6 ame D tem A lure L date 20	ath lab/ loctor Sr lphaneti eft and (0-Apr-20	Struc mith ix Cor # 023	tural lab 3				Con 4,930 Con 4,9300 Con 4,9300 Con 4,9300 Con 4,9300 Con 4,9300 Con 4,9300	4,700 0 209 2 36
Meas.	Camera Angle	Fluoro or Cine	Height of Meas. (m)	Pos	Position Around Cath Table	Without EggNest ¹⁸ Shielding Dose Microsieverts (uSv/h)	With EggNest ³⁰⁰ Shielding Does Microslevers (ydv/h)	% Reduction	■ IVB Egg Des	hout Rettm Shielding EMI crosleverts (pl
1			60	1	Echocardiographer	4,930	204	96%		
2			90	1	Echocardiographer	3,730	209	94%		
3			60	3	Left Chest/Biopsy	4,700	136	97%		
- 4			60	5	Assistant	6,230	104	98%		-
5			90	4	Angiographer	2,700	110	96%		-
6			120	4	Angiographer	3,230	102	97%		1
7			60	4	Angiographer	5,860	112	98%		5
8			90	2	Right Neck Access	4,260	113	97%		a.a.
9			120	2	Right Neck Access	2,008	101	95%		14
10			90	5	Assistant	1,670	133	92%		
SELOU	in Linnet and W	a constant of	Case 1			20 21 9	1 2 24	05.61/		1 A A A A A A A A A A A A A A A A A A A



Advantage
Adva

Total Reduction by Case

TOTAL W/EGGNEST* TOTAL DOSE NO EGGNEST™ AVERAGE FLORO TIMES STANDARD SHIELDING CASE 1 18.724 96% 1.2 675 CASE 2 655 16,486 96% 21.1 CASE 3 11,106 6.18 778 92% CASE 4 2,330 51,475 95% 8.4 CASE 5 5.887 95% 35.6 247 CASE 6 1,941 129,225 98% 6.7 CASE 7 33,100 93% 3.8 2,280 CASE 8 548.8 10,235 94% 14.7 CASE 9 97% 10.7 917 32,750 TOTAL 10,371.8 310.488 95% 108.38 MINS

Total Reduction by Case



TOTAL DOSE NO EGGNEST





Purchase Options



Purchase Options





Effect of RadPad Compared to Standard Shielding Alone



Scatter Reduction	Overall	Above Table
RadPad	-13%	-12%
EggNest	-76%	-78%

EGG

MEDICAL

RadPad- Minimal Shielding



Distance From Floor (cm)